



California Association of Orientation and Mobility Specialists

Presents

**“Babies to Boomers:
Serving the Needs of
Infants through
Seniors”**

Friday through Sunday
November 1–3, 2013

BEST WESTERN PLUS Beach Resort *Monterey*
2600 Sand Dunes Drive
Monterey, California 93940-3838

Mobility: A Basic Freedom

2013 Statewide Conference Committee

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Welcome to the 2013 CAOMS Statewide Conference. The conference committee thanks you for attending and hopes you enjoy the program as well as your stay in beautiful Monterey. This year's esteemed presenters cover a myriad of topics that definitely stimulate creative juices, provoke thought, and have something for everyone from babies to boomers!

The Academy for Certification of Vision Rehabilitation and Education Professionals (ACVREP) has approved all sessions for continuing education hours. Please note the following to insure you receive proper credit:

- Conference sessions have been approved for **up to 9.5 hours** of continuing education.
- **The actual units received for attending the conference are based on the number of HOURS attended.**
- Each individual's hours will be calculated based on information from sign-in sheets that circulate each session. **You must sign in to obtain credit for each session you attend!**
- **Please sign in for only one session per time slot.**
- **Be sure to submit your self-addressed stamped envelope in order to receive your letter of continuing education credit.** This will assist the conference committee with the process of mailing certificates.
- For general information on ACVREP Continuing Education Units or recertification, please go to <http://www.acvrep.org>
- **PLEASE REMEMBER TO FIND AND SIGN YOUR NAME ON THE ACVREP SIGN-IN SHEET AT EACH SESSION ATTENDED SO PROPER CREDIT MAY BE GIVEN!**

Be sure to visit the exhibitors, showcasing the latest and greatest. The creative innovations will stimulate and boggle your mind.

AmbuTech and the **Bay Area Discovery Museum** have very generously donated great items to raffle. Be sure to buy tickets (**\$5.00 each or \$20.00 for five tickets**) during the conference and attend the **drawing on Sunday, November 3, 2013, 8:45 a.m.** after the general membership meeting and breakfast. **Winner must be present to win.** (No reason not to be awake since you'll have slept an extra hour 😊)

Our profession continues to grow by quantum leaps. So, revitalize, relax and refresh during the conference. Unlock your mind and let your creative juices flow.

The Program

Friday, November 1, 2013

4:00 p.m. to 8:30 p.m. **Registration (*Points Lobby*)**

7:00 p.m. to 9:00 p.m. **Eat, Drink and Be Merry Social/No Host Bar (*Point Cabrillo*)**

Saturday, November 2, 2013

8:00 a.m. to 9:00 a.m. **Registration (*Points Lobby*)**

8:30 a.m. to 9:00 a.m. **Sneak Peek at Exhibitors/Breakfast (*Points Ballroom*)**

9:00 a.m. to 9:15 a.m. **Welcome and Opening Remarks (*Points Ballroom*)**

9:15 a.m. to 10:45 a.m. **Deaf-Blindness: Characteristics, Challenges, and Strategies
(1.5 hours of ACVREP credit)**

Maurice Belote and David Brown

This session describes characteristics of the population of individuals with deaf-blindness (physical, social, emotional, and cognitive), leading etiologies, and main developmental challenges; describes ways in which different senses interact to facilitate effective functioning; examines reasons why there might be difficulties with the working of all of the senses; links medical and sensory issues to learning and behavior; considers simple adaptations to positioning, physical support, pacing of activities, materials, and communication modes, that can often facilitate greatly improved functioning; describes strategies to promote more effective body awareness, postural control and movement, and learning. (***Points Ballroom***)

11:00 a.m. to Noon **Situational Roundtable (1.0 hour of ACVREP credit)**

Sonja Biggs, Erin Foley, Kara Cenac

This is a situational round table discussion. Various scenarios will be set up and the table groups will discuss the topics and then share with the whole group. Each table group will be facilitated by one of the professionals on the Conference Planning Committee. (***Points Ballroom***)

Noon to 1:30 p.m. **Luncheon and Awards (No ACVREP credit, but a good time!)**

Who will join the elite group of those in our profession who have been honored with the coveted Pete Wurzburger Award? Past recipients include: Sandra Staples (2011); Michael Meteyer (2009); Linda Myers (2007); Richard "Rick" Ludt (2005); Peter Dal Poggetto (2001); Jack Hazekamp (1999); Wendy Scheffers (1997); Kate Byrnes (1995); Sandra Rosen (1994); Rich Russo (1993); Burdell "Pete" Wurzburger (1992). (***La Grande Room***)

1:45 p.m. to 2:45 p.m. **Concurrent Sessions (1.0 hour of ACVREP credit)**

GPS Options: from PDAs, iPhones to PCs

Mike May, Jerry Kuns, Sandy Staples

This presentation explains the common aspects and the differences of the various accessible GPS systems on the market. The question is no longer if a blind person should have access to the surrounding location information but rather what are one's individual wayfinding requirements and which system best addresses those needs. (***Point Alones/Point Cabrillo***)

"Time-Travel" A Multifaceted Approach to Trip Planning
Erin Foley and Faith Dunham-Sims

In this presentation, we will be discussing all the prerequisite skills and concepts required before trip planning can begin. We will discuss the different methods you can use for trip planning, including phone, computer and apps as well as how to navigate your way through several common online tools including how to navigate these sites using JAWS. **(Point Piños)**

3:00 p.m. to 4:30 p.m. Concurrent Sessions (1.5 hours of ACVREP credit)

TAPS - Street Crossings for Travelers Who Are Visually Impaired
Wendy Scheffers and Linda Myers

After a brief overview of what is new in *TAPS: An Orientation and Mobility Curriculum for Students with Visual Impairments*, 3rd Edition, this workshop will highlight the most useful pages of Part 4, Supplement: Street Crossings for Travelers Who Are Visually Impaired and cover up-to-date information including: what should your students be analyzing at unfamiliar vs. familiar intersections, what criteria should they consider before crossing an uncontrolled street, safe vs. unsafe times to cross streets factoring in quiet cars and bicycles, when not to use the near parallel surge at a traffic signal, when to cross a channelized right-turn lane, what modifications your student and/or you can request to improve the safety of a crossing, and information about APS. If you have the 3rd Edition, bring Part 4 with you. **(Point Alones/Point Cabrillo)**

Defining Soft Skills- A Conceptual Model in Practice
Robert Schulenburg, Ed.S.

Much is said about the need to teach Soft Skills to promote the quality of life for persons who are blind or low vision. However, the literature varies widely as to what technical sets define Soft Skills. In 2013 Junior Blind and The Lions Center for the Blind in Oakland have collaborated on the development of a conceptual model for Soft Skills domains and technical sets that has been used to shape the development of programming in both agencies. This presentation will outline this conceptual model, defining Soft Skills, their domains and processes, and the inter-relationship of Soft Skills technical sets. Special focus will be placed on the application of these principles in the development and implementation of the innovative summer program STREET Week (Skills & Training for Real Education & Employment Transition) hosted in Sacramento in July 2013. **(Point Piños)**

3:00 p.m. to 6:00 p.m. Hands on GPS Treasure Hunt (3.0 hours of ACVREP credit)
Mike May, Jerry Kuns, Sandy Staples, Damian Pickering

Participate in a GPS treasure hunt. Teams made up of three to five participants will use accessible GPS devices that will be provided to explore downtown Monterey each lead by a GPS expert. Compete against the other teams to find several locations. Along the way, you will learn to appreciate the importance of location information and understand the nuances of GPS tools, focusing on the BrailleNote GPS or the Trekker Breeze. You will set destinations and follow routes. You will learn how to do problem solving when there is ambiguous information. You will learn first-hand the power of "getting un-lost" and the joy of finding your way independently with audible and braille information. **(Meet in the hotel lobby at 2:45 p.m.; return at 5:45 p.m.)**

8:00 p.m. to 9:30 p.m. "Dreaming In Color" (Not for ACVREP credit)

Brandon Keith Biggs and Caitlin Hernandez will start the evening with singing together. Caitlin will then sing her song, "Dreaming in Color." Caitlin will give an introduction to the musical theater production we will watch on DVD called "Dreaming in Color." Caitlin and Brandon will be available afterward to talk to people. **(Points Ballroom)**

Reminder: Set back clocks one hour!

Sunday, November 3, 2013

8:00 a.m. to 8:45 a.m. General Membership Meeting/Breakfast (Points Ballroom)

8:45 a.m. 50/50 Raffle (Winner must be present to win.) (Points Ballroom)

9:00 a.m. to 11:45 a.m. Exhibitors (Points Ballroom)

9:00 a.m. to 10:30 a.m. Concurrent Sessions (1.5 hours ACVREP credit)

Using Proprioceptive Neuromuscular Facilitation to Improve Cane Technique

Sandra Rosen

This session discusses the correlation between decreased proprioceptive awareness and poor cane technique. Demonstration of a technique called proprioceptive neuromuscular facilitation (PNF) that can be used to facilitate proprioceptive awareness and the student's ability to perform, and self-monitor, improved cane technique. **(Point Alones/Point Cabrillo)**

Using Accessible Maps to Teach Location Literacy

Mike May and Jerry Kuns

The term "location literacy" refers to access to the print that appears outdoors, on buildings and any landmark that identifies a place in the environment. Location literacy is especially important to a blind individual because they cannot navigate by visually scanning the environment, have limited access to what is around, and consequently are dependent on others for directions or descriptions. Accessible GPS systems are great in providing real-time travel information for the users. However, in classroom situations, it makes more sense to have a program that allows the student to virtually navigate on the maps using a PC, which is a powerful companion tool to the BrailleNote GPS. **(Point Piños)**

10:45 a.m. to 12:15 p.m. Concurrent Sessions (1.5 hours ACVREP credit)

Experiential Learning: Birth to Three

Sonja Biggs

During this session we will bring to life key strategies for working with babies with visual impairments brought to us by great leaders in the field such as Chen, Lueck, Fazzi, Cutter, and Wright. Learn how to put together a Little Room, what a Resonance Board is, and how it is used. Learn strategies for teaching important concepts such as cause and effect, motor development, sensory awareness, object permanence, and more. We will also look at the introduction of the white cane as a travel tool and when to introduce it to young children. **(Point Alones/Point Cabrillo)**

Using Tablet Technology for O&M

Terena Scott

This session uses the iPad to teach mapping, cardinal directions, and other orientation skills to low vision students. Ideas for using the iPad with multiply disabled children. **(Point Piños)**

12:15 p.m. Conference Concludes

THANK YOU FOR YOUR PARTICIPATION.

SAFE TRAVELS!